



WISCONSIN COUNSELING ASSOCIATION SUMMER NEWSLETTER



President's Message

*Angie Flannery, LPC,
Assistant Director,
Community Adoption
Center, Green Bay, WI*

Hello everyone; looks like summer is finally here! As we welcome the warm and sunny days, I look forward to serving as President for WCA. As a member for the past 6 six years, serving in a variety of capacities on the Board, I have seen many talented and motivated individuals in this organization. I hope to continue that movement over this next year.

I would like to thank Dan DeSloover and Steven Benish for their contributions to WCA as they move into other directions. I also welcome several new board members who are anxious to share their knowledge and enthusiasm for the counseling profession. They are incoming President-elect, Tammy Schiedegger; Secretary, Donna Yelvington; Graduate representative, Jenni-

Anderton; Membership Chair, Deborah Wetzel; and Ethics Chair, Carrie King. I am very excited to work this new group of professionals.

One year ago, WCA proposed several changes that would enhance your professional opportunities and your experience with the Wisconsin Counseling Association. The first of these was providing more professional development opportunities to our members. This was accomplished through the annual summit and a spring workshop on Trauma-Informed Counseling. An additional joint workshop is also in the planning process.

The next goal was continuing to develop our legislative identity. Throughout the year, members have received information on important topics in legislation, methods on how to become involved by contacting legislators and Board members have continued to attend vital meetings and hearings.

The final 2 goals centered on development and transitions with the newsletter and website. In the spring of this year, WCA moved to an electronic newsletter and the Board is currently working on redevelopment of the website to provide greater

Continued page 4

Highlights in this issue:

President's Message	pg. 1, 4
Past—President's Message	pg. 1
WCA Board Directory	pg. 2-3
President-elect's Message	pg. 4-5
New Graduate Liaison	pg. 6
WCA Journal Update.....	pg. 7
Changes in WCA membership fees	pg. 7

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Deep summer is when laziness finds
respectability. ~ Sam Keen

President's Message Continued from pg. 1

opportunities for professional connections, additional information to counselors, a member's only page and possibly on-line member renewal and registration.

As the Board moves into this next year, we will continue to provide professional development opportunities, enhance our website, strengthen our relationships with other organizations and increase our presence in the legislative arena.

I am pleased to serve as your president and welcome any feedback or suggestions from our members. Please feel free to contact me at aflannery19@yahoo.com if you have any questions, comments, ideas or would like to become more involved.

Past-President's Message

*Renae Reljic, LPC, Assistant Professor,
University Wisconsin Oshkosh,
Professional Counseling Dept.*



I recently lost my grandfather. His words and presence are very strong for me right now. Two of his lessons stand out most clearly at this moment. He taught me that at all times we must stay present and balanced, so we can be there for others. He used to say, "If you say "I" too much, you are making your own

difficulties bigger and are not being there for those who are important to you. " This was a large part of my mantra, and I am sure others mantra in this state over the last year. We have all been pressed and exhausted, with too much added to our plates. Yet, as I worked everyday, I could see and connect with the people for whom I was truly working. As I worked with WCA, I saw my clients and community, while imagining your clients and community. Thoughts like these help us to move forward.

Grandpa also use to remind that, "Above all, we must be grateful." This feeling has brought me to tears as I read or heard about your battles and triumphs in the field. I feel grateful, grateful for our members, board, and the other leaders who are part of the Behavioral Health Coalition. When I spoke to other state presidents at ACA, they were surprised by the amount of contact I have with members of WCA, and our members have with each other. I have had the opportunity to work with many of you on different projects, dilemmas, and ideas. I appreciate all that you have added to our professions and all that I learned from each of you. Keep working together as a community. That makes our organization what it is.

~ Renae Reljic

President—Elect's Message
Tammy H. Scheidegger, Ph.D., N.C.C.



Leadership, I've been contemplating that word for several months now. How do I provide leadership to an organization with diverse interests, serving diverse client populations, and representing the needs of clinicians in both metropolitan and in some case very rural areas? What kind of leader am I? My clinical background and my experience as an educator tells me that I should lead by example – each of you do that everyday in the offices and agencies that you call home. I think that the reality of leadership is that each of us leads. Some people lead in more visible and “loud” ways while others provide leadership by the act of “being”. This is a more “quiet” type of leadership but nonetheless important.

On July 27, I will head to Washington, DC to take part in the ACA Institute for Leadership Training. I am expecting to learn a great deal about effective leadership, but I also anticipate learning a great deal about how to be a voice for Wisconsin counselors in the political arena. Although this is a new role for me, I feel like I am up to the challenge. There are two things that will be shaping my efforts during this training. First, I know that students, new professionals, and seasoned counselors alike all want reimbursement rates that equal those that other

President-elect's Message Cont...

health providers enjoy. Second, I know that when it comes to changing things that require legislative measures, the quiet voice of one individual can become visible and loud when amplified by the joint efforts of many (i.e. the WCA membership).

The major lobbying effort that I will focus on during my visit to Washington, DC will be Medicare LPC/MFT coverage – bill S.604. The “Seniors Mental Health Access Improvement Act of 2011” seeks to have LPCs and MFTs covered under the same terms, conditions, and pay rates as LCSWs. Parity on that issue is an absolute necessity! I'll have an opportunity to talk our state representatives (or more than likely a staff member) and be your voice – your leader. I know I'll do my best to convey the importance of bill s. 604 to your livelihood. So, off I go to Washington. I'll keep you posted and definitely update you when I see you at the WCA Fall Summit in Wisconsin Rapids. While I'm gone, I'd like each of you to contemplate how you are being a leader – with your client and within our organization. What does the word “leadership” mean to you? How would you like the leadership of WCA to represent you and what issues are important to you? We'll be in touch....

Tammy





Introducing Jeni Newport, Graduate Liaison

Hello Wisconsin Counseling Association! I am Jeni Newport, the new Graduate Student Representative. I am currently a counseling student at UW Oshkosh with a community counseling emphasis. I will be starting my third semester of the program this fall. This next semester includes my Practicum experience which will be on campus in the counseling center working with the A.O.D.A. Sanctioning Program; there I will be leading groups as well as seeing students on an individual basis who have been caught drinking or smoking marijuana in the campus dorms. I am looking forward to this experience as I am drawn to working with and counseling college students. This January I will be studying abroad in India with the program where we will learn about the Indian culture, Indian counseling as well as spirituality and counseling. Other than attending classes, I currently work in retail but am pursuing a graduate assistant position on campus. I also like to relax, spend time with my loved ones and work on my house which I purchased just about one year ago.

~Jeni Newport



Professional Summit Update

Dear WCA Members:

The Wisconsin Counseling Association (WCA) cordially invites you to attend our Fall Summit.

The WCA Fall Summit will be held **Saturday, November 5, 2011 from 8:15 AM to 4:15 PM** at Mid-State Technical College, 500 32nd Street North, Wisconsin Rapids, WI 54494. Please mark your calendars now!!!

FEES ARE AS FOLLOWS:

WCA Members Pay:

Professional/Regular Members	\$50.00
Students	\$40.00

NON-WCA Members Pay:

Professionals	\$100.00
Students	\$65.00

IF YOU WISH TO JOIN WCA AND ATTEND SUMMIT PAY:

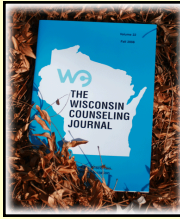
Professionals	\$95.00
Students	\$60.00

A buffet lunch and 6 continuing education units are included in your Summit fee.

To register, fill out a WCA Membership form and/or a WCA Registration Form (found latter in this newsletter) and return with your check or money order to WCA Treasurer James Krems, 5390 Clarice's Circle, Stevens Point, WI 54481

If you wish to submit a presentation proposal, please fill out the attached form and return to Kelly Melvin at

Kelly.J.Melvin@gmail.com



Wisconsin Counseling Journal Update:

The next edition of the Wisconsin Counseling Journal for 2010 — 2011 has had Scott Woitaszewski as the guest editor. This year's journal is a special issue on professional collaboration. According to Scott, several articles were submitted related to how counselors and other related professionals work together. Currently, authors are working through revisions and Scott hopes to have all the revisions reviewed and approved by the end of July and the journal completed by early fall.

WCA is currently 281 members strong

Regular Members = 147
Free 1st year students = 78
Regular students = 32
Retired members = 14
Affiliate members = 8
Complimentary members = 2

Recently, the WCA Board agreed to implement changes in membership fees. The new dues are as follows:

Regular Members = \$55
Affiliate Members = \$55
2 yr professional Membership = \$100
Student 1st year Membership = \$25
Retired Members = \$25

We hope you will continue to remain a WCA member and become more involved in the organization if you aren't already.

Thoughts from the Editor *Cindy L. Anderton, WCA Newsletter Editor*

In the last edition, Kelli Saginak mentioned that changes were underway in the Wisconsin Counseling Association. With a new WCA president and Board these changes continue. One such change has been the splitting up of the Technology Chair and Newsletter Editor. The WCA Board would like to sincerely thank Kelli Saginak for all the work she has done on the newsletter and the work she continues to do as technology chair.

One thing remains the same and that is the need for contributions from you the members of the Wisconsin Counseling Association. The newsletter for WCA is published in four quarterly editions so please think about writing for newsletter. Whether you are a student in counseling, professional counselor, or a counselor educator we would love to hear from you. Have you faced a particular ethical dilemma that counselors in Wisconsin could benefit from your sharing? Have you faced and overcome a particular challenge as a professional counselor and would like to share your successes so that others can learn from you? Are there some professional issues that members could benefit from hearing about? If you are interested in submitting something for the newsletter please contact me at andertoc@uww.edu. I would love to hear from you. We hope you enjoy the summer edition of the WCA newsletter.

WISCONSIN COUNSELING ASSOCIATION 2011 Fall Summit Registration Form	<i>Professional Counseling: Making a Difference</i>
Saturday, Nov. 5th, 2011 8:15 a.m. – 4:15 p.m.	Mid-State Technical College 500 32 nd St. N., Wisconsin Rapids, WI 54494
<p><i>6 Continuing Education Hours will be available for attendees</i> <i>A buffet lunch is included in the summit fee.</i> <i>Membership forms available by following the “forms” link on our website: www.wicounseling.org</i></p>	

REGISTRATION INFORMATION

Name (print) _____

Street Address _____
 City _____ State _____ Zip _____

Daytime Phone () _____ Evening Phone () _____

Email _____ Current WCA member?
 Yes No

Special Needs (e.g. meals, accessibility) _____

SUMMIT FEES

<p>WCA Member Professional/Regular Student * (Students may obtain their <i>first year</i> of membership <i>free</i> by submitting a WCA membership form with a professor’s verifying signature along with this registration. Students may only use this one-year free membership once)</p>	<p>() \$ 50 () \$ 40</p>						
<p>Non-Member Professional/ Regular Student</p>	<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: auto;"> <p>() \$ 100 () \$ 65</p> </div>						
<table border="1" style="width: 100%;"> <tr> <td style="width: 30%;">Join WCA (1-year membership) & Summit Registration</td> <td></td> </tr> <tr> <td style="text-align: center;">Professional/Regular</td> <td></td> </tr> <tr> <td style="text-align: center;">Student</td> <td></td> </tr> </table>	Join WCA (1-year membership) & Summit Registration		Professional/Regular		Student		<p>() \$ 95 () \$ 60</p>
Join WCA (1-year membership) & Summit Registration							
Professional/Regular							
Student							

Full payment must be enclosed or registration will not be processed.
 * *Deadline for general Summit registration is October 15, 2011. In addition to the above listed registration fees, any walk-in regis-*

Membership Form

Wisconsin Counseling Association

A Branch of the American Counseling Association

Dear prospective Wisconsin Counseling Association member;

We extend to you a warm and cordial invitation to join the Wisconsin Counseling Association (WCA). WCA has served the counseling profession since 1952. Through its various chapters and divisions, the organization strives to enhance professional development and offers a forum for the exchange of ideas through a professional journal (*The Wisconsin Counseling Journal*), an annual Summit meeting, a quarterly newsletter (*News & Notes*), and an informative website. These resources are designed to both serve and enhance the professional practice of a wide diversity of counselors (e.g., community, school, mental health, career, rehabilitation) within Wisconsin. Members can expect to be regularly informed of professional growth opportunities, licensure and legislative updates, ethical and professional boundary considerations, and current trends within the counseling profession. We also invite you to join one of WCA's regional chapters or divisions; please refer to www.wicounseling.org for more detailed information.

WCA MEMBERSHIP DUES

1 year... \$55.00 2 years \$100.00 Student \$25.00 Retired. \$25.00

NAME: _____
 ADDRESS: _____
 PHONE NUMBER: _____
 E-MAIL ADDRESS: _____

Committee(s) Would Like to Serve On:		
Please indicate which areas you are interested in volunteering		
<input type="checkbox"/> WCA Summit <input type="checkbox"/> By Laws <input type="checkbox"/> Membership <input type="checkbox"/> Ethics	<input type="checkbox"/> Public Relations <input type="checkbox"/> Government Relations <input type="checkbox"/> Website <input type="checkbox"/> Journal	<input type="checkbox"/> Professional Development <input type="checkbox"/> Newsletters <input type="checkbox"/> Nominations <input type="checkbox"/> WCA Promotions

Students enrolled in a Counseling program at a Wisconsin Institution of Higher Education on **at least a half time basis**, may receive their first year of membership **free!** Verification of student enrollment on at least a half time basis:

Professor Signature: _____ Institution of Higher Education: _____

Professor Printed Name: _____

Please enclose your check made out to WCA and return this membership form to:

WCA Membership
James F. Krems
5390 Clarice's Circle
Stevens Point, WI 54481
715-344-2453
jmak@charter.net



PRESENTATION PROPOSAL FORM **(Please Type)**

Wisconsin Counseling Association 2011 Fall Summit
Saturday, November 5, 2011, 8:15 a.m. – 4:15 p.m.
Mid-State Technical College Campus, Wisconsin Rapids, WI

Professional Counseling: Making a Difference

Submit proposals by 5:00 p.m., August 30, 2011. Please submit **2 copies of the Presentation Proposal form and your current resume or vita to:**

Kelly Melvin
Professional Development Chair
Kelly.J.Melvin@gmail.com
1155 Grace Dr. Apt. H
Sycamore, IL 60178

Suggested program title:

Intended audience:

Short program description to be included in conference materials (no more than 200 words:

Presenter/s name/s:

Email address of lead presenter:

Job title:

Employer:

Home phone:

Work phone:

Cell phone:

Preferred mailing address:

Will you need equipment to present? None VCR TV monitor Overhead

(All rooms are equipped with computers, LCD projectors, and screens)

Other Needs or Requests:

Remember that presenters are responsible for bringing any handout materials related to their presentations.

For questions or further information, please contact Kelly Melvin at:
(262) 337-0793; email: Kelly.J.Melvin@gmail.com